**Reiki 1**

**Healing for yourself & others**

Open to all

**Date:** Saturday 13th July 2019

**Time:** 10.30am – 5.30pm

**Venue:** Blackheath Complementary Health Centre, 184-186 Westcombe Hill, London, SE3 7DH

**Instructor:** Sarah Pritchard, Reiki Master Teacher

**Course information**

Reiki is a simple yet profound healing practice. ‘Rei’ means ‘mysteriously guided’ or ‘universally guided’ and ‘Ki’ means ‘life force/vital energy – the stuff that makes up the universe both material and immaterial’. Reiki is therefore universally guided vital energy. It is neither a religion nor a philosophy, but an effective, self-healing spiritual practice.

Anyone can be attuned to Reiki

* Reiki is an energetic medicine
* Reiki is a spiritual practice
* Reiki reveals the path to relaxation
* Reiki is a simple and profound self-help system which adapts itself to the user
* Reiki will flow through anyone who has been attuned, whether they believe in it or remain sceptical, and whether they use it frequently or rarely
* Reiki is yours for life once you have been attuned

**Booking form**

*Name:*

*Address:*

*Email address:*

*Mobile number:*

*How you heard about this course:*

**Price & Payment:**

£155 [www.sparktheshen.com/live-workshops/](http://sparktheshen.com/live-workshops/)

**Refunds/Cancellations:**

£50 of your fee is a non-refundable deposit (includes administration fee).

Refunds of the remaining fee will be given for cancellations received in writing up to 15th June 2019. None thereafter.

In case of emergency I reserve the right to cancel the workshop, obviously if this were the case you would receive a full refund.