# Sarah Pritchard

Lic.Ac MBAcC Dip.Tui Na Clin Cert Tui Na (Nanjing)

Sarah has been in private practice since 1994. She is the Founder and Director of Healing Path Ltd and Blackheath Complementary Health Centre in London, established in May 2000.

One of the first westerners to practice Tui na in the UK, Sarah is known as an inspiring teacher and workshop leader who shares her knowledge in an engaging and empowering way. She enjoys teaching students and practitioners how to integrate their Tui na, acupuncture and moxa skills in creative, flowing and intuitive way*s*.

She originally trained to be an actor at RADA where she was introduced to Alexander Technique, Qi Gong, yoga and meditation, as well as the performance and communication skills that have proved invaluable for group work and teaching.

Her Chinese Medicine studies began in 1992. Her education in Chinese Medicine was unorthodox in that she learnt Tui na before acupuncture, initially training at the London School of Chinese Clinical Massage Therapy with her first mentor and inspiration the late Robert Cran. She continued her education and clinical development in China and the UK, at the Nanjing University of Traditional Chinese Medicine with Dr Wang Jian Min, the London College of Traditional Acupuncture and Oriental Medicine, and in Beijing with acupuncture specialist Dr Wang Ju Yi.

On her continuing journey she has studied Acupuncture for Children with Julian Scott, Acupuncture for Fertility, Classical Chinese Medicine and the Daoist arts of self-cultivation both with the Association of Traditional Studies and also with Jeffrey Yuen, and Ann Cecil-Sterman.

Sarah integrates sound healing into her work as an acupuncturist and Tui na practitioner. She has trained in the therapeutic application of planetary tuning forks, gongs, voice and other healing instruments (with Sheila Whittaker and Don Conreaux, and in Acutonics with Jude and Paul Ponton in Seattle, WA). She also runs gong and sound bath meditations and women’s sound ceremonies with Isabel.

Sarah is the author of two Tui na books **‘Chinese Massage Manual’** (first published in 1999) the definitive introductory text on Tui na Massage currently published in English.

Her second book **‘Tui na - A Manual of Chinese Massage Therapy’** (first published in 2010) is a comprehensive handbook for the 21st century student and practitioner of Tui na working in the West. Both books (now published by Singing Dragon) are used as essential texts on Tui na training courses in the UK, Europe and the USA.

Sarah has been teaching since 1997 when she started teaching Reiki and Qi Gong. In 2000, she wrote and developed the professional Tui na course for the LCTA London College of Traditional Acupuncture. She was course co-ordinator and senior lecturer until the college closed in November 2010. She wrote and developed the Tui na course for City College of Acupuncture in London where she was senior lecturer and Tui na course co-ordinator from 2012-2020. In 2021 Sarah created her Tui na Apprenticeship Diploma course, which she teaches from her Centre in London.

Sarah runs courses, workshops and postgraduate seminars on Chinese medicine, Tui na, acupuncture and the integration of these skills in practice. In the UK she has taught courses and workshops at the LCTA, City College of Acupuncture, the College of Integrated Chinese Medicine (CICM), and the International College of Oriental Medicine (ICOM).

Overseas she has taught at Total Health and TCMA in Holland, the Florence Tui na Congress, ScuolaTao and the TaoAcademy in Milan, Italy, at MacEwan University in Edmonton AB, CCTCMA in Calgary, and Pacific Rim College in Victoria BC.

In 2020 Sarah launched her online Tui na course ‘Advanced Tui na for Acupuncturists’ which is hosted by Pacific Rim College Online (PRCO).